

March 2025 Congregate Menu—Pope County Senior Activity Center

Monday	Tuesday	Wednesday	Thursday	Friday
<p>3 French Toast with Syrup Bacon or Sausage Scrambled eggs Mixed Fruit</p>	<p>4 Oven Fried Chicken Mashed Potatoes Glazed Carrots Wheat Roll Spiced Pears</p>	<p>5 Ham and Swiss Sandwich Lettuce, tomato, pickle, onion Broccoli Cheese soup Crackers Peaches</p>	<p>6 Spaghetti w/ Meat Sauce Italian Green Beans Garlic bread Fruit Cocktail</p>	<p>7 Ham Steak Macaroni and Cheese Okra and Tomatoes Wheat Roll Pears</p>
<p>10 Chicken Bacon Ranch Stuffed Baked Potato Garlic Bread Stick Side Salad Chocolate Pudding</p>	<p>11 Chicken Fried Steak Mashed Potatoes and Gravy Mixed Vegetables Apples</p>	<p>12 Tilapia Wild Rice Pea Salad Wheat Roll Mixed Berries</p>	<p>13 Chili w/ Cheese & onions Broccoli Crackers Mandarin Oranges</p>	<p>14 Popcorn Chicken Corn Nuggets Side Salad Wheat Roll Spiced Apples</p>
<p>17 Corned Beef Cabbage Baby Baker Potatoes Pears</p>	<p>18 Cheese Burger on Bun Lettuce, tomato, pickle, onion Coleslaw Waffle Fries Tropical Fruit</p>	<p>19 Roasted Chicken Breast Brown Wild Rice Candied Carrots Wheat Roll Fruit Cocktail</p>	<p>20 Sloppy Joes Cole Slaw Tater Babies Strawberries</p>	<p>21 Pork Chops Twice baked Mashed Potatoes Brussel Sprouts Wheat Roll Applesauce</p>
<p>24 Grilled Smoke Sausage on Bun Waffle Fries 3 Bean Salad Tropical Fruit</p>	<p>25 Chicken Fajitas Peppers and Onions Corn and Black Beans Spanish rice Pineapples</p>	<p>26 Meat Loaf Mashed Potatoes and Gravy Lima Beans Wheat Roll Pears</p>	<p>27 Corn Dogs Tater Tots Baked Beans Cole Slaw Mixed Berries</p>	<p>28 Lasagna Green Beans Garlic Breadstick Peaches</p>
<p>31 Philly Cheese Steak on Hoagie Bun Onion Rings Garden Vegetables Butterscotch Pudding</p>				