March 2025



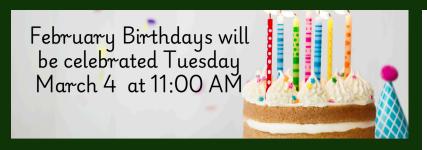
POPE COUNTY

POPE COUNTY

ACTIVITY

CENTER





Lunch is served Monday -Friday 11:30-12:30

Age 60 & up: Suggested \$5 Donation
To-Go Meals \$8
Under 60 \$8





We are going to the CASINO!!
Van leaves 8:00am





Come and join us for Line Dancing Every Monday and Wednesday at 3:00PM

We enjoy a lot of activities here at Pope SAC, Bean Bag Base Ball is just one of the EXCITING activities we have to share with you!



Meals on Wheels

If you know someone who is 60 or older and homebound, please call the center at 479-968-5039 to make a referral.

Upcoming Events

Nowntown Russellville

March Art Walk

March 7, 6:00p,

COME HAVE FUN WITH US!

Quilting * Bean Bag Baseball * Bingo * Yoga * Watercolor Painting * Line Dancing * Corn Hole * Sewing * Drums Alive * Cards * Exercise * Spirit Enrichment * Volleyball * Crochet * And More

Join us for a recital with our Drums Alive **Group on March 17**

Activity Center Advisory Council Members

JOE JIRINEC-PRESIDENT NORMA HUMPHREY-VICE PRESIDENT

VICKI HIGH * ROBERT BECKHAM MARTHA HERN * SUSAN KAHON SHERRY TIDWELL * BETTY DURYEA



Don't forget to utilize the blood pressure machine located in the Gym. Area Agency on Aging has generously provided it for all to use.



THANK YOU, MASTER **GARDENERS, FOR MAINTAINING OUR BEAUTIFUL GROUNDS!**



We offer local transportation to the center for meals and activities. For more information call 479-968-5039

Pope County Senior Activity Center 1010 N Rochester Ave. Russellville, AR 72801 Hours: Monday thru Friday: 7:30 a.m. -3:30 p.m.

WWW.RIVERVALLEYSENIORS.COM

(479)-968-5039 Fax (479) 890-4771

Find us on



Site Coordinator **Patti Oualls** quallsp@fccare.org

Head Cook Terrie McCage mccaget@fccare.org **Home Delivered Meals** Coordinator **Chelane Smith** smithc@fccare.org

Senior Services Operational Administrator

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Kavla Weber weberk@fccare.org

St. Patrick's Day WORD SEARCH



FIND THE HIDDEN ST. PATRICK'S DAY RELATED WORDS. THE WORDS CAN BE HORIZONTAL, VERTICAL AND DIAGONAL. THE LETTERS THAT ARE LEFT OVER, FORM A HIDDEN MESSAGE!

BLARNEY STONE G C 0 N В **CABBAGE** S E F Н Н Т 0 K CELTIC **CORNED BEEF** 1 F K L 0 R E E N D A K 1 0 **EMERALD** E E R A R E M D K C **FOLKLORE GOLD COIN** F 0 K C R T Α P T A N **GOOD LUCK** S E S R Н E 0 R R C GREEN HORSE SHOE 0 C K E R M **LEPRECHAUN** E N C C S M E В LIMERICK LUCK OF THE E C 0 T E N В IRISH В H D 0 Т 0 M MARCH Y N R T D R Т Ν G POT OF GOLD **RAINBOW** F F R F F В D N 0 SAINT PATRICK M F SHAMROCK N H TOP OF THE T D MORNING E E R C TRINITY

HIDDEN MESSAGE: