

Johnson County Senior Activity Center Congregate Menu

April

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

**1 Beef and Broccoli
over White Rice
Oriental Veggies
Egg Roll
Pineapples**

**2 Ham
Baby Bakers
Turnip Greens
Biscuit
Mound Cake**

**3 Hamburger Steak w/
Grilled Onions
Fried Potatoes
Green Beans
White Roll
Apple Cobbler**

**4 Soft Chicken Tacos
Lettuce & Tomato
Mexican Rice
Chips & Salsa
Chocolate Delight**

**7 Crab Cakes or
Grilled Chicken
Red Beans and Rice
Baby Carrots
Glazed Lemon Cake**

**8 Sloppy Joe on a
Bun
Green Beans
Sweet Potato Fries
Strawberry Jello**

**9 Smoked Sausage &
Potatoes
Tuscan Veggies
Wheat Roll
Fruit Cocktail**

**10 Great Northern Beans
Pickled Beets
Fried Cabbage
Cornbread
Pears**

**11 Cheeseburger
Lettuce, Tomato,
Pickle
Corn Nuggets
Peach Crisp**

**14 Biscuits and Gravy
Bacon
Omelet
Hashbrown
Yogurt**

**15 Ranch Chicken Wrap
Curly Fries
Broccoli w/ Cheese
Peanut Butter Bar**

**16 Country Fried Steak
Mashed Potatoes
Carrots
White Roll
Chocolate Swirl Cake**

**17 Fried Chicken
Sandwich
Baby Bakers
Fried Squash
Churro Bars**

**18 Taco Salad
Refried Beans
Chips & Guacamole
Vanilla Pudding**

**21 Parmesan Chicken
Over Noodles
Broccoli
Garlic Cheese Biscuit
No Bake Cookies**

**22 Salisbury Steak
Mashed Potatoes &
Gravy
Roasted Brussels
Wheat Roll
Berry Crisp**

**23 Seasoned Pork Chops
Bermuda Veggies
Cheesy Potatoes
White Roll
Strawberry Short
Cake**

**24 Grilled Chicken Breast
Ranch Potato Wedges
Italian Green Beans
Biscuit
Peaches**

**25 Meatloaf
Mashed Potatoes
Caribbean Veggies
White Roll
Banana Pudding**

**28 Turkey, Bacon, Cheese
Sliders
Curly Fries
Pickle
Brownies**

**29 Popcorn Chicken
Scalloped Potatoes
Green Peas
White Roll
Tropical Fruit**

**30 BBQ Pork on a
Bun
Baked Beans
Creamy Corn
Baked Apples**