Hello phello phel

POPE COUNTY BUDDY ACTIVITY CENTER February Birthdays will be celebrated Tuesday April 1 at 11:00 AM



Lunch is served Monday -Friday 11:30-12:30



Age 60 & up: Suggested \$5 Donation To-Go Meals \$8 Under 60 \$8





A to Z April 11 Pocola Casino April 17

Activity Center Advisory Council Members

JOE JIRINEC-PRESIDENT NORMA HUMPHREY-VICE PRESIDENT

VICKI HIGH * ROBERT BECKHAM MARTHA HERN * SUSAN KAHON SHERRY TIDWELL * BETTY DURYEA

THANK YOU, MASTER GARDENERS, FOR MAINTAINING OUR BEAUTIFUL GROUNDS!



Meals on Wheels If you know someone who is 60 or older and homebound, please call the center at 479-968-5039 to make a referral.





Don't forget to utilize the blood pressure machine located in the Gym. Area Agency on Aging has generously provided it for all to use.

Upcoming Events Downtown Russellville

*ATU Movie Night 6 April 5:00pm to 9:00pm *Flair Fair April 4th and 5th at the Pope County Fairgrounds *Taste of the Valley April 22, 2025

COME HAVE FUN WITH US!

Quilting * Bean Bag Baseball * Bingo * Yoga * Watercolor Painting * Line Dancing * Corn Hole * Sewing * Drums Alive * Cards * Exercise * Spirit Enrichment * Volleyball * Crochet * And More



Easter Egg Hunt April 18. This Egg Hunt is for Seniors ONLY



Senior

Master Gardeners

Master Gardners Potting Class May 14, at 1:00pm Please sign up!!

Our Kitchen Staff Terrie McCage - Lead Cook Lisa Sharp - Cook Carol Lawrence - Cook These ladies work hard to make sure every meal they serve is Hot and Delicious! Please be sure to let us know if you have any Suggestions. We are always ready to listen!!



UBSDGYAL
BIBART
SASGR
GIPCRHNI
DESES
ZEREBE
NISUHESN
TELFRISEBTU
WONABIR
ADGERN
YINRA
FOLIDAFD
MRAW
LESPTA
OELSRWF
KHISCC
LOSBMSOS
PITLUS
ENEGR

WORD BANK:

BLOSSOMS BREEZE BUTTERFLIES CHICKS CHIRPING

1201





RAINY SEEDS SUNSHINE TULIPS WARM

Pope County Senior Activity Center 1010 N Rochester Ave. Russellville, AR 72801 Hours: Monday thru Friday: 7:30 a.m.—3:30 p.m.

WWW.RIVERVALLEYSENIORS.COM

(479)-968-5039 Fax (479) 890-4771 Find us on **(** Site Coordinator Patti Qualls quallsp@fccare.org

Head Cook Terrie McCage mccaget@fccare.org Home Delivered Meals Coordinator Chelane Smith smithc@fccare.org

Senior Services Operational Administrator Kayla Weber weberk@fccare.org